

EMBRACING AUTISM

A day that focuses on skills and strategies, for parents, carers and professionals supporting an autistic young person. Hampshire CAMHS Colleagues will be hosting this day alongside parents / carers with lived experience.

Supporting your autistic child to thrive - adapting to meet the needs of the autistic YP and practical strategies. Led by Dr Catherine Robson - Hampshire CAMHS.

Support for SEN in education & what to do if it's not working. Led by Gayle Moir, SENDIASS Services Manager.

Understanding autistic burnout, what it is, why it happens, why it's different to depression, recovery, safe spaces, and prevention. Led by Viv Dawes - Advocate/trainer/author.

9.30am - 3.30pm

Wednesday, 9 July, 2025

Waterlooville Community
Centre, 10 Maurepas Way,
Waterlooville, PO7 7AY

For more details
and booking
scan the QR code



Some events have a small charge to allow us to cover costs, some discretionary free tickets are available



Tickets £20
Tea and coffee
included

**For more information and to book a place go to
www.hampshirecamhs.nhs.uk/events/**