

EMBRACING AUTISM

A day that focuses on skills and strategies, for parents, carers and professionals supporting an autistic young person. Hampshire CAMHS Colleagues will be hosting this day alongside parents / carers with lived experience.

Supporting your autistic child to thrive - adapting to meet the needs of the autistic YP and practical strategies. Led by Dr Catherine Robson - Hampshire CAMHS.

Understanding autistic burnout, what it is, why it happens, why it's different to depression, recovery, safe spaces, and prevention. Led by Viv Dawes - Advocate/trainer/author.

Some events have a small charge to allow us to cover costs, some discretionary free tickets are available

9.30am - 3.30pm

Friday, 14 March, 2025
Proteus Creation Space,
Council Road, Basingstoke
RG21 3DH

For more details
and booking
scan the QR code



Tickets £20

Tea and coffee
included



For more information and to book a place go to
www.hampshirecamhs.nhs.uk/events/