

Why are we doing this?

CAMHS recognises that now, more than ever, the mental health needs of our young people are at their most vital, with many young people struggling with mental health issues post-Covid. We are also acutely aware of the importance of staff wellbeing at this current time. Facilitated by CAMHS clinicians in partnership with Hampshire Educational Psychologists, the Mental Health Forum will openly explore these issues by employing a Whole School Approach to supporting mental health. Topics will vary each session at the request of the group and in response to emerging themes and observations that teaching staff experience.

The Mental Health Forum allows opportunities for all attendees to learn about the CAMHS offer, share resources and the offers of other local services that might be best placed to meet the mental health needs of young people. The integrity and strength of the forum relies on the active participation of education professionals. It is hoped that through participation and collaboration, education professionals will feel empowered to support one another to build knowledge, skills, and expertise. We offer Mental Health forums for Infant/Primary and Secondary schools within different areas of Hampshire, and we are also excited to introduce a County Wide Special School Mental Health forum for our special schools across Hampshire.

Forum Dates

please note times may be subject to change.



West Hampshire - Winchester, Test the New Forest:

Primary schools | 3.30-5 pm:

Wednesday 18 September 2024
Wednesday 6 November 2024
Wednesday 4 February 2025
Wednesday 5 March 2025
Wednesday 7 May 2025
Wednesday 25 June 2025

Secondary schools | 3.30-5pm:

Wednesday 2 October 2024
Wednesday 20 November 2024
Wednesday 11 February 2025
Wednesday 12 March 2025
Wednesday 14 May 2025
Wednesday 2 July 2025

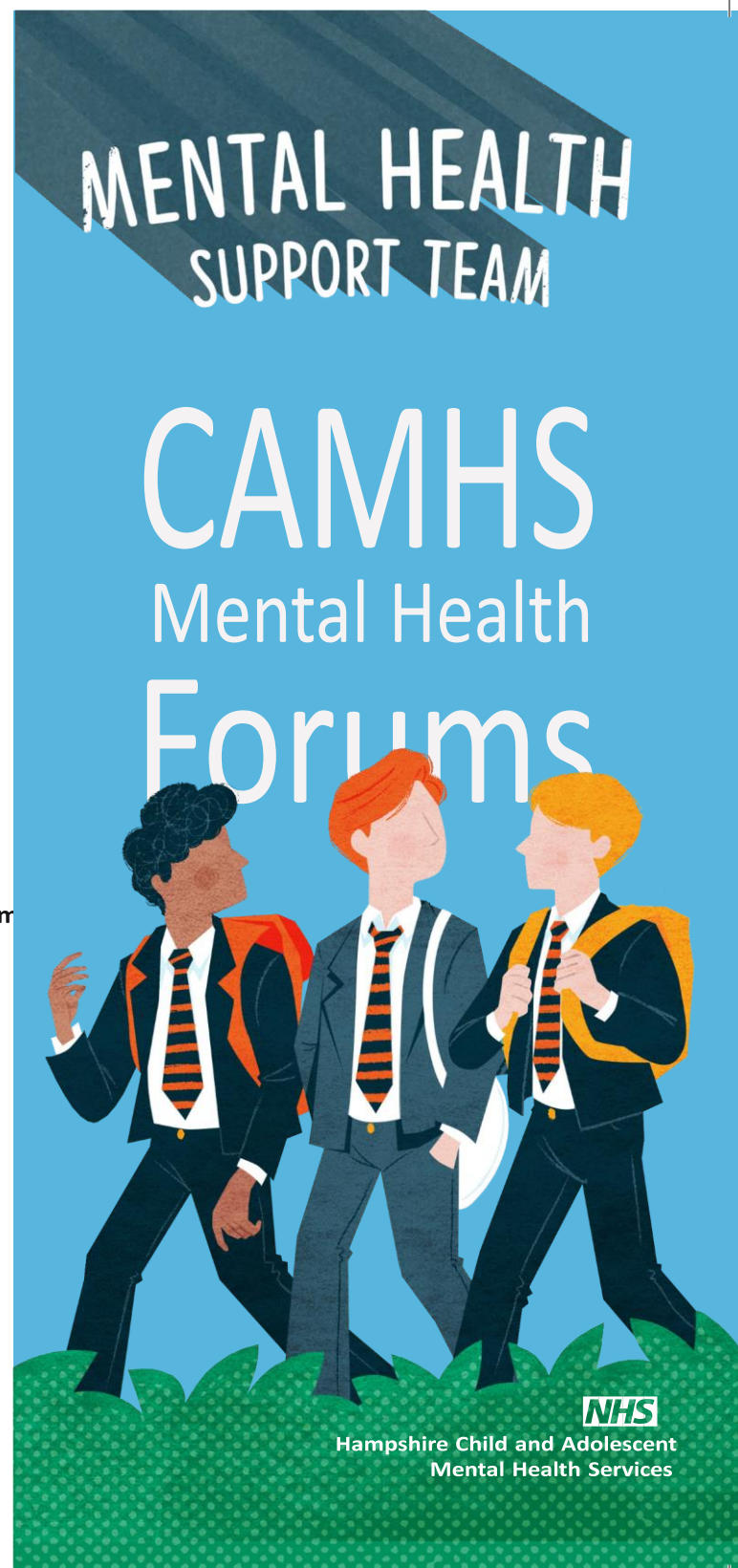
South-East Hampshire - Fareham, Gosport, and Havant:

Havant Fareham and Gosport primary schools | 3.30-5 pm:

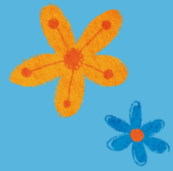
Monday 14 October 2024
Monday 25 November 2024
Monday 3 February 2025
Tuesday 4 March 2025
Tuesday 6 May 2025
Tuesday 1 July 2025

Secondary schools | 3.30-5 pm:

Tuesday 15 October 2024
Tuesday 26 November 2024
Tuesday 4 February 2025
Wednesday 5 March 2025
Wednesday 7 May 2025
Wednesday 2 July 2025



Hampshire Child and Adolescent
Mental Health Services



What are they?

The Mental Health Forum offers a unique opportunity for education professionals to come together to collaboratively explore mental health best practice. Facilitated by CAMHS clinicians, the half-termly forums provide a safe space for confidential case discussions to be held within school settings.

The Mental Health Forum is attended by at least one CAMHS clinician. Our clinicians come from a range of backgrounds, including but not limited to: Psychology, Therapy, Social Work, Nursing and Special Educational Needs. We are also excited to share a partnership with local Educational Psychologists, who undoubtedly further strengthen the usefulness of the forums. School nurses are invited to join the forum space to contribute their vast knowledge and experience. It is at the discretion of schools who they may choose to attend but previous participants have included LSAs, members of pastoral support team, heads of year, SENCOs and mental health leads.

How to get involved

For an invitation to your local area's next Mental Health Forum, please contact:

Aldershot, Basingstoke, and Deane, Hart, and Rushmore:

CHYPSHantsEarlyHelp-North@southernhealth.nhs.uk

Winchester, Test Valley, and the New Forest:
CHYPSHantsEarlyHelpWest@southernhealth.nhs.uk

Fareham, Gosport, and Havant:
MHST.EarlyHelpSE@southernhealth.nhs.uk

Special School MH forum
SpecialistMHST@southernhealth.nhs.uk

Forum Dates

(please note times may be subject to change.)

North Hampshire: Aldershot, Basingstoke Deane, Hart, and Rushmore:



Primary/infant schools | 3-4.30 pm:

- Tuesday 8th October 2024
- Tuesday 3rd December 2024
- Tuesday 14th January 2025
- Tuesday 11th March 2025
- Tuesday 20th May 2025
- Tuesday 24th June 2025

Secondary/Colleges | 3-4.30 pm:

- Wednesday 9th October 2024
- Wednesday 4th December 2024
- Wednesday 15th January 2025
- Wednesday 12th March 2025
- Wednesday 21st May 2025
- Wednesday 25th June 2025

Special School Forum – County wide

All Special Schools | 3.30-5 pm:

- Tuesday 8 October 2024
- Tuesday 26 November 2024
- Tuesday 28 January 2025
- Tuesday 1 April 2025
- Tuesday 20 May 2025
- Tuesday 8 July 2025

P.T.O

