



INSPIRE - CREATE - EXCHANGE

ICE HERITAGE

2021-2023



TAKE PART IN **FREE FASHION DESIGN & MUSIC WORKSHOPS** AT OUR NEXT **INSPIRE DAY**

Our **INSPIRE** days are developed in partnership with Hampshire CAMHS and delivered by professional artists in Hampshire Cultural Trust's friendly community museums. These are taster days which offer young people a chance to try out new art forms and meet others who have previously taken part in our ten-week **CREATE** programmes which resume in Spring 2023.

**ALDERSHOT
MILITARY MUSEUM**
Tuesday 14 February
10am – 2pm

If you enjoy the day, you can sign up to the 10 week **CREATE: Fashion & Design** programme starting in March 2023.



HAMPSHIRE
CULTURAL
TRUST



Made possible with
**Heritage
Fund**



Hampshire Child and
Adolescent Mental Health Service



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HOW TO GET INVOLVED

- You need to be aged 11-18 years
- You need to be known to **Hampshire CAMHS:** currently receiving treatment, on the waiting list or recently discharged.



If you would like to attend the **INSPIRE** day please complete the registration form found on the CAMHS website and send via your CAMHS Clinician or directly to spnt.hantscamhsinnovation@nhs.net

