

ART JOURNAL YOUR COAT OF ARMS
AT
ASHCROFT ARTS CENTRE, FAREHAM
TUESDAY 2 NOVEMBER 5pm – 7pm

CREATE YOUR OWN WIRE WORD ART
AT
THE ARC, WINCHESTER
TUESDAY 9 NOVEMBER 5pm – 7pm

PAINT A CERAMIC COAT OF ARMS
AT
THE WILLIS MUSEUM, BASINGSTOKE
TUESDAY 16 NOVEMBER 5pm – 7pm



FREE ART WORKSHOPS: COATS OF ARMS PROJECT

in partnership with Hampshire CAMHS

Hampshire CAMHS want to encourage young people of all ages to get creative and use their imagination, personality and artistic skills to create their own Coat of Arms. A Coat of Arms is a detailed design that often includes a crest and a motto to identify a family or individual. The most important thing is that it is meaningful to the individual or organisation and includes elements that speak to who they are.

SEE YOUR COAT OF ARMS ON DISPLAY

Every Coat of Arms created at these workshops will be put on display as part of the Hampshire CAMHS free exhibition at the Winchester School of Art this December.



HOW TO GET INVOLVED:

- Any 11 – 18 year old whose mental health & wellbeing would benefit from taking part in a creative activity
- 11 – 18 year olds currently known to Hampshire CAMHS: on the waiting list, receiving treatment or recently discharged

Scan the QR code or click [here](#) to register your interest.