

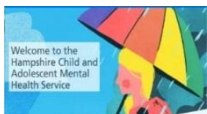
Additional sources of support/Advice:



Challenging Behaviour Foundation: Providing information and support around managing challenging behaviour. website at: <https://www.challengingbehaviour.org.uk/>



Hampshire Sendiass
impartial Special Educational Needs and Disability Information, Advice and Support in Hampshire for more information please look at their website on: [https:// www.hampshiresendiass.co.uk/](https://www.hampshiresendiass.co.uk/)



Hampshire CAMHS website
Has lots of self help advice on different mental health presentations. For more information: <https://hampshirecamhs.nhs.uk/help/parents-carers/learning-disabilities/>

Autism Hampshire provides information and advice to parents and children with a diagnosis or waiting for an Autism assessment. More information can be found on their website www.AutismHampshire.org.uk or they can be contacted on 02380 766162



CONTACT DETAILS



02382 311000



CAMHSLDA@southernhealth.nhs.uk



The office opens at 09:00



The office closes at 17:00

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**Hampshire and
Isle of Wight Healthcare**
NHS Foundation Trust

Hampshire CAMHS Specialist Learning Disability and Autism (LD/A) Team



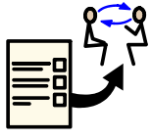
An Information Leaflet for Parents/Carers



Who are we?

We work with children and young people who have a recognised Moderate to Severe Learning Disability and require support with their mental health and/ or behaviours that challenge.

We aim to have young people at the heart of everything we do.



Referral

All new referrals to the Learning Disability CAMHS team to go through our website at: <https://portal.hampshirecamhs.nhs.uk/>



Assessment

If we offer an assessment, please do let us know if there is anything we can do to make the appointment easier for you or your child to access.



Treatment

We can help with:

- Behaviours that challenge
- Anxiety/low mood
- Trauma
- Neurodevelopmental assessment



Endings:

We close because:

- Sometimes other services may be best to meet the difficulties that your child has.
- Or there is no longer a need for our ongoing support.



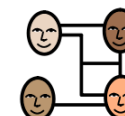
Waiting Times

The team is very busy with lots of young people wanting our help. This means there will be a wait for our support.



Support whilst you wait

We are available to respond to any queries or concerns that you might have whilst you wait. Please contact us by phone or email.



Working with others

In order to get the best outcome for your child, we like to talk and work with other services supporting your child.